



The World Games 2025 - Chengdu (CHN)



AEROBIC GYMNASTICS

Training - 14.8.2025

1st session

Group	FED	General	AER floor 1	AER floor 2 with music	Transfer	Competition floor
		(start time)	30'	30'	10'	30'
1	ROU (4 units)	8:30:00	8:50:00 - 9:20:00	9:20:00 - 9:50:00	10:00:00	10:00:00 - 10:30:00
2	ITA (4 units)	9:00:00	9:20:00 - 9:50:00	9:50:00 - 10:20:00	10:30:00	10:30:00 - 11:00:00
3	UKR, BRA, JPN, AZE (4 units)	9:30:00	9:50:00 - 10:20:00	10:20:00 - 10:50:00	11:00:00	11:00:00 - 11:30:00
4	CHN, BUL (4 units)	10:00:00	10:20:00 - 10:50:00	10:50:00 - 11:20:00	11:30:00	11:30:00 - 12:00:00
5	VIE, FRA, ESP (4 units)	10:30:00	10:50:00 - 11:20:00	11:20:00 - 11:50:00	12:00:00	12:00:00 - 12:30:00
6	HUN, KOR, AUS (4 units)	11:00:00	11:20:00 - 11:50:00	11:50:00 - 12:20:00	12:30:00	12:30:00 - 13:00:00

2nd session

Group	FED	General	AER floor 1	AER floor 2 with music	Transfer	Competition floor
		(start time)	30'	30'	10'	30'
1	ROU (4 units)	14:40:00	15:00:00 - 15:30:00	15:30:00 - 16:00:00	16:10:00	16:10:00 - 16:40:00
2	ITA (4 units)	15:10:00	15:30:00 - 16:00:00	16:00:00 - 16:30:00	16:40:00	16:40:00 - 17:10:00
3	UKR, BRA, JPN, AZE (4 units)	15:40:00	16:00:00 - 16:30:00	16:30:00 - 17:00:00	17:10:00	17:10:00 - 17:40:00
4	CHN, BUL (4 units)	16:10:00	16:30:00 - 17:00:00	17:00:00 - 17:30:00	17:40:00	17:40:00 - 18:10:00
5	VIE, FRA, ESP (4 units)	16:40:00	17:00:00 - 17:30:00	17:30:00 - 18:00:00	18:10:00	18:10:00 - 18:40:00
6	HUN, KOR, AUS (4 units)	17:10:00	17:30:00 - 18:00:00	18:00:00 - 18:30:00	18:40:00	18:40:00 - 19:10:00

The World Games 2025 - Chengdu (CHN)



AEROBIC GYMNASTICS

Training - 15.8.2025 (only for non-competition units)

Group	FED	General	Marked floor	AER floor with music	Transfer	Competition floor
		(start time)	30'	30'	10'	30'
1	ROU, BUL (3 units)	7:55:00	8:15:00 - 8:45:00	8:45:00 - 9:15:00	9:25:00	9:25:00 - 9:55:00
2	CHN, FRA (3 units)	8:25:00	8:45:00 - 9:15:00	9:15:00 - 9:45:00	9:55:00	9:55:00 - 10:25:00
3	VIE, ITA (3 units)	8:55:00	9:15:00 - 9:45:00	9:45:00 - 10:15:00	10:25:00	10:25:00 - 10:55:00
4	KOR, HUN, AUS (3 units)	9:25:00	9:45:00 - 10:15:00	10:15:00 - 10:45:00	10:55:00	10:55:00 - 11:25:00

end